

INSPIRE CONSCIOUSNESS

## SHAUMBRA MONTHLY

Spiritual awakening is a deeply personal and profound experience. It can be lonely, challenging, and at times it can turn your entire world upside down. But you are never alone!

The Crimson Circle is a global affiliation of human angels that understands the journey of awakening. We share our wisdom, our stories and our love of life, all without membership, dues or rules. From our home base in Colorado, USA we connect with people in over 140 countries.

We love to laugh, we've been known to cry, and more than anything we welcome you to join us in the celebration of awakening.

Shaumbra Monthly is published by the Crimson Circle, Golden, Colorado USA. Click here to read past issues.

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CRIMSON CIRCLE

Upcoming events with
Geoffrey and Linda Hoppe, and
live Adamus channels.
For more information go to:
www.crimsoncircle.com/events

# EVENTS

May 20-22, 2011 **Mystery School In Norway** Stavanger, Norway

May 28, 2011

Angels and Aliens
with Adamus Saint-Germain
Warsaw, Poland

June 4, 2011

Crimson Circle Monthly Meeting & Shoud
Golden, Colorado, United States

June 10-12, 2011 **Kryon Conference In Sedona** Sedona, Arizona, United States

June 13-14, 2011 New Energy Alchemy: Commanding Energy to Serve You Sedona, Arizona, United States

July 2, 2011

**Crimson Circle Monthly Meeting & Shoud** Golden, Colorado, United States

July 22-24, 2011 **Mystery School In Australia** Manly (near Sydney)

August 6, 2011 **August Monthly Meeting**Golden, Colorado, United States

August 12-13, 2011

Advanced Sexual Energies School

Munich, Germany SOLD OUT!

EVENTS contined next page

# MIND MEDS

By Geoffrey Hoppe



#### Today's hot topic - How can a person get off anti-depressant medications?

We just finished the two-day "Beyond the Mind" workshop here in Finland. It was the ideal workshop in every way. About 80 Shaumbra came from around Finland, as well as Romania, Germany, Switzerland, Norway, Denmark, France, Belgium and the UK. The venue was about an hour north of Helsinki, in a beautiful setting surrounded by lakes and forests. Our host, Irma Rantala, and her staff did a first-class job in handling all of the arrangements and details. And Adamus was spot-on with his message and delivery.

Much of Adamus' focus this past year has been about the transition beyond the mind, into the Body of Consciousness. This theme has been woven into recent monthly Shouds and he talked at length about it at the Mental Imbalance Symposium in southern California in April.

Neither Adamus or Tobias have dwelled on ascension "do not" lists, instead choosing to remind us to live fully and abundantly rather than bogging us down with a long list of things we shouldn't do. But at the top of both of their short lists is the suggestion (and only a suggestion) that Shaumbra should not take pharmaceutical medications for depression and anxiety. At the same time they mention that symptoms of depression, anxiety and loss can be part of the awakening process.

Their caution about anti-depressants came into the spotlight when Crimson Circle announced the Keahak Project. Part of the requirement for the 99 core Keahakers and the many, many Keahak energy supporters is that they do not currently take any medications for depression or anxiety, and have not taken any for the past 18 months. We received a lot of emails about this from people wanting to know why this requirement.

The simple explanation is that those participating in the Keahak Project – especially the 99'ers – will be integrating large new quantities of light/source energy into their Body of Consciousness. This could potentially have an adverse effect on anyone taking the mind meds, such as overloading and blowing out the mental circuitry.

Adamus was asked a question about this during our weekend in Finland. I felt a huge download of information so I closed my eyes in order to better concentrate. Here are excerpts from his reply:

"These (medications) block and/or distort the light-source to the brain, therefore distorting your reality and your concept of Self. Your mind will consider this to be reality and block out attempts from the I AM to remind the mind that this is not real. Perhaps one of the greatest dangers is that the medications block out these important reminders from the inner, divine. The medications interfere with these normal and important communications."

We also received quite a few emails from people currently using the medications wanting to know how to get off them. The truly sad news is that Mind Meds - continued from previous page



EVENTS

CRIMSON CIRCLE

August 14, 2011 **Body of Consciousness**Munich, Germany SOLD OUT!

September 3, 2011 **NO September Monthly Meeting** Golden, Colorado, United States

September 9 -11, 2011

Shaumbra New Energy Conference
Santa Fe, New Mexico, United States

October 1, 2011 October Monthly Meeting Golden, Colorado, United States

October 6-12, 2011 **France Mystic Tour** Chartres, France

November 5, 2011

November Monthly Meeting

Golden, Colorado, United States

November 12-24, 2011 **Egypt - Nov 2011** Cairo, Egypt **SOLD OUT!** 

Click for more information on Events



we don't know of any highly effective treatments or therapies at this time other than gradual withdrawal. According to Adamus, the physical and psychic residue of the medications stays in the body/mind for up to 18 months. Body detoxification helps to a degree, but the mind also creates a dependence on the medications long after the chemical effects are gone. During the Finland workshop he suggested that "light therapy" could help to reduce the after-life of the medications and provide some other relief for users.

The prescription of mind meds is becoming more widespread around the world as more people experience stress in their lives, and more people are feeling the effects of spiritual depression during their awakening. According to a US government study, anti-depressants have become the most commonly prescribed drugs in the United States. They're prescribed more than drugs to treat high blood pressure, high cholesterol, asthma, or headaches. Ten percent of women 18 and older and 4 percent of men in the US now take antidepressants. According to one doctor interviewed by CNN, "Doctors are now medicating unhappiness. Too many people take drugs when they really need to be making changes in their lives."

The question about how to get off these drugs continues to roll over and over in my thoughts. Adamus has said that he will provide more specific details, but also wants Shaumbra to collaborate on this topic. Linda and I had dinner tonight with Danish psychiatrist Dr. Ole Nielsen and his wife Elaina. He and Elaina have attended all of the Mental Imbalance Symposiums (Colorado, Berlin and San Diego) and now the Beyond the Mind workshop here in Finland. We had a good talk about anti-depressant drugs and concluded that a lot more work needs to be done on both ends of the issue – what are the alternatives to prescription, and what can be done to assist people who want to stop taking them?

We'd love to hear from any Shaumbra who have personal or professional experience with this subject, and have created a special forum on the <u>Crimson Circle message board</u> specifically to discuss this topic. Click <u>this link</u> to share your experiences and insights. (Note: If you have not used the message board yet, you will need to <u>register</u> and create an account first.)



### Featured Product



Standard Technology is the ability to heal yourself with your own natural rejuvenation systems. Tobias and Adamus Saint-Germain discuss principles of energy dynamics, and new understandings of how you can literally heal yourself. They introduce the spiritual science of New Energy physics and its significance in applying Standard Technology to the elegant and vast communications network of the human body.

Standard Technology is now available with 5 translations. Listen in English and read along in German, Italian, Romanian, Russian or Spanish!

> This timeless material is now available for a special price.

Click for more information or to order

CD set - \$295 \$275 Digital Download - \$245 \$222

Special Prices expire June 15

## Who Are We **REALLY?**



been so much identity theft. It happens so often that there are actual companies capitalizing on it with identity protection insurance. Even 15 – 20 years ago this would have been inconceivable! Part of the reason this is happening is that life is changing so rapidly now that many of aren't sure who they are anymore, and this insecurity invites predators to take advantage of it. It's the Law of Attraction playing out in the negative.

Each of us has a unique energetic signature. This is a frequency that is based on our individual truth, but it can become blurred if we lose sight of what truth is. This energy signature is as unique to us as the watermarked paper our currency is printed on. If we are secure with who we are it's impossible to counterfeit. If we are not, the door opens to allow fear to become a part of our makeup.

One way to shift this and secure your energy is to do a self-inventory, and you can start this process by defining what is important to you – so important that you would defend it at all cost. These are the components that make up your core value system. Make a list of the values you hold dear—honesty, unconditional love, integrity, peace...and as you create this list, think about each one carefully. Is it truly a part of your makeup, or is it something you have been told that you should have as a part of your standard of living. If it falls into the latter category, it's someone else's BS (belief system) and you are lying to yourself about who you really are. Again, according to the Law of Attraction, this will create the energy that will set you up for circumstances you don't really want to attract—other lies.

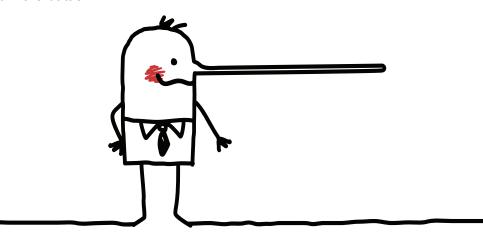
There is nothing wrong with using this exercise to grow personally. If you find a value on your list that isn't part of your makeup, but you are willing to raise your consciousness to allow it to become so, great. You will grow as you stretch to become more than you have been in the past.

A second piece of shifting yourself into your integrity involves releasing old wounds from the past, and this is done through forgiveness. Forgiveness releases the judgments we have stored and erases the associated karmic debt. This brings to mind two very basic questions: why did we make those judgments in the first place, and why have we been so attached to them that we would hold onto those old hurts and resentments for years or even lifetimes?

While we lived in duality, the making of judgmental thoughts was the natural outcome of any situation where we were hurt, slighted or did the same to someone else. Those thoughts became things back then just like they do today—things that either materialized as illness, pain or worse, or ones which merely stuck to us or hung in our fields as shapes we couldn't see. Basically these judgmental thoughts were tools that reinforced our beliefs that we were separate—from each other or even from Source.

Who Are We - REALLY? - continued from previous page

If we'd been more aware, we would have just let these thoughts float away and been done with them, but more often than not, we hung onto every slight or hurt, the guilt, remorse or hate and missed the point of the lesson which presented them. So these lessons return to us, and with each reoccurrence, the stakes were raised and the tests got more painful. What if we had awakened and realized that all it ever took was to lay down the sword and walk away from the battle?



My mother used to say, "every time you win an argument, you lose a friend." I don't know if she understood the point she was actually making, but it was as applicable fifty years ago as it is today. Every time we become so attached to being right, we make someone else wrong. In an enlightened mind, we would never want to do that, but when we muddle through life half asleep, we forget that "our brother" is our self and if we make him/her wrong, we are negating our self, moreover, we are negating God. This is the age-old lesson of The Golden Rule.

Everything that has happened to us has the potential to be stored as a memory. Some instances have no charge on them because we processed the event but didn't judge it. We simply accepted that it was. But the things that had an emotional component because we did judge them are stored within us. It doesn't matter whether we judge an instance to be good or bad—the fact that we judged is what gave it importance and created an inner wound or belief system.

These wounds or belief systems are the foundational makeup of the emotional blocks that keep us from creating the things we want in our reality. If your manifesting techniques don't seem to be producing the results you expect, you can bet that culprit is either an old wound from your past or a belief that is in opposition to your desired goal. Most of us are studying and focusing on conscious creation these days, and it can be frustrating when the tools are being used correctly and nothing seems to happen. Changing the present happens by clearing the inappropriate stuff from the past. It's easy to do because it doesn't exist anymore anyway, except in the space where you stored the memories.

Forgiveness must start with yourself. What are you judging about yourself? It might be about your physicality (I'm too \_\_\_ or I'm not \_\_\_). It might be related to your abilities or accomplishments. There is no order of magnitude in judgment. Forgive yourself. Then you can begin forgiving all others you have ever judged

Continued next page



The video recap of the April Shoud, Keahak II, is now online. Listen to Adamus talk about sensual angels, going beyond time, new perceptions of the past, and more. Click below to watch.

Keahak II - What sets you free?



Check out the Crimson Circle channel on YouTube for more Shoud recap videos, Faces of Shaumbra, and much more.

Click here for details



# What's New on the Awakening Zone!

Registration – The registration function is now active on the Awakening Zone website. This means that you can register and create an account, choose to receive the weekly schedule, and eventually set your time zone.

Important note: To participate in the chat rooms, you will now need to be logged in to the Awakening Zone. You do not need to login to *listen* to any of the Shows.

Calendar – You can now see an entire month of shows at a glance by going to the <u>Awakening Zone Calendar</u>. There are a lot of great shows coming up, and hundreds of archives to listen at any time.

Search – At the top of every page, type in any name, word, topic or phrase and you'll see all the shows connected with your search. Find shows with your favorite guests, topics you're interested in, and whatever else you can imagine!

Like/Follow – At the top of every page on the Awakening Zone you will see multiple Share buttons. Follow the Awakening Zone on Twitter and Facebook to be notified of shows every day!

Share the Awakening Zone with your friends, and help support the international radio network for empowered awakening!

Who Are We - REALLY? - continued from previous page

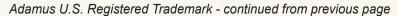
or blamed. What they did no longer matters, because the past is gone. It doesn't exist so actions from the past don't exist anymore either. The present moment is all we have. As soon as you can grasp this concept, forgiveness becomes easy. Think of all those old hurts like debts on an accounting ledger. If you feel that there has to be a repayment for each one in order to "balance the books" you are still living in duality. Look at the ledger your have create for yourself and mark each debt PAID, once and for all!

With the old hurts, wounds and belief systems gone, and clarity about who we are and what's important in your life discovered, it's easier to see your path and direction. Then, when we are no longer lost, our energy signature becomes unique once more, and we are protected by our truth—making it difficult, if not impossible, for anyone or anything outside ourselves to take this away. As we grow in consciousness and expand our possibilities, we begin to see that we are limitless beings capable of moving past fear and creating miracles in our lives. We remember who we are.

Jean Adrienne is the developer of InnerSpeak, a method for releasing blocks from the past to clear the way for creating quantum change in your life. She's an author and the host of InnerSpeak Soul Adventures, Tuesdays at 7PM Central on www.AwakeningZone.com. Her website is www.JeanAdrienne.com.



It's true. The United States Patent and Trademark Office (USPTO) recently issued a registered trademark ® to the Crimson Circle IP, Inc. for ADAMUS. The legal registration process has been in the works for several years during which time we have been using Adamus as a trademark ™ (unregistered). Now, with the USPTO registration number 3,923,537 issued on February 22, 2011 (2-22-11), we have exclusive use of the ADAMUS mark (name) for spiritual workshops, videos, books, education services, retreats and related materials.



The U.S. registered trademark is usually recognized as a basis for common law, or informal trademarking in other countries. It also makes the official trademarking process easier when registering in non-US countries.

In September 2009, when Adamus took over for Tobias, he made it clear that he would only be working with the Crimson Circle and only delivering messages through Geoffrey Hoppe. Adamus stated that he didn't want his message confused by having multiple channelers, and that he was not working with any other groups or individuals as Adamus.

Adamus stated, "I'm going to be bringing my message through Cauldre, the one you know as Geoffrey (Hoppe). I have no desire and I will not do private sessions with other people. I'm choosing Cauldre – as long as he is willing and as long as he stays clear with my message – I'm choosing him to bring this in because I don't want ten, fifteen, twenty different messengers at this time."

The registered Adamus trademark benefits Shaumbra and the Crimson Circle by maintaining the integrity of the Adamus message. As Adamus noted, he will continue working with others as Saint-Germain, but the Saint-Germain message will have a different content and tone than the Adamus channels. We thank everyone for respecting these requests.



It's always fun to see joy filled faces of Shaumbra from around the world. Check out our ever-growing collection of photos from various Crimson Circle events.

More are added each month, including photos from each monthly Shoud posted by Dave Schemel.

(Don't miss this month's Sensual Spiritual Pirates!)

Click here to visit the <u>Crimson Circle online photo album.</u>





Geoff & Linda to join Lee Carroll and Kryon in Sedona

June 10-12, 2011

Mark your calendar! Geoff, Linda, Adamus Saint-Germain and Kuthumi lal Singh will be featured guests at the upcoming Kryon Conference in Sedona, Arizona. Please visit the Kryon website for upcoming details.

We hope to see you there!



By Lee Carroll, Channel for Kryon



Question: Dear Kryon, thank you for your teachings and for touching my heart. Being aware that doubting is an issue for me, I can't help having this question in my mind for some time and I long to receive your comment on this. So let's co-create an answer to my seemingly silly but true question: Am I allowing or am I being lazy? Thank you for your attention and care. - Amsterdam

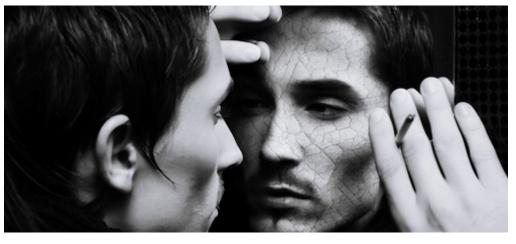
**Answer:** Dear one, neither. You are co-creating doubt! Who said that co-creation was always in one direction? Many co-create darkness and negativity, and even depression. It's knowing how powerful you are that is the key.

So... answer this first: Do you believe that you can co-create anything at all? There is actual comedy in this, in that each day you co-create your reality... dark or light. Some of you enhance it daily, telling your cellular structure that you are "never going to make it," and actually giving it directions and a time of demise!

Do you believe that what you think and do can cause reactions in matter and your own cellular structure? If not, then that is your reality, and you have created it very well. If you do believe you can change matter, then you also understand that what you do and say can be designed to start changing your reality. Thousands have done it, so this is not a mystery.

Being lazy is also an issue too! (That's why you asked it) Just like exercise. If you just sit there and do nothing, will "nothing" be the result? The answer is unfortunately, no. Instead the energy of whatever is your reality will reinforce itself and continue. A body in trouble will continue its troubled ways and build upon that scenario until death. A mind without direction will go to the most common level of consciousness, often one that is shaped not by your intent, but by those around you and their influential energy.

Blessed is the Human who asks: "Can I really change things?" That is the Human who is most apt to try to do it! Here are some helpful hints:



### **New Energy Alchemy:**

COMMANDING ENERGY TO SERVE YOU!

> Sedona, Arizona USA June 13-14

Please join us in the beautiful city of Sedona! Adamus Saint Germain will present a special one and a half day Crimson Circle workshop - New Energy Alchemy: Commanding Energy to Serve you!

This workshop will follow the June 11-12, 2011 Kryon Summer-Light Conference.

Click here for more information

A Message from Kryon - continued from previous page

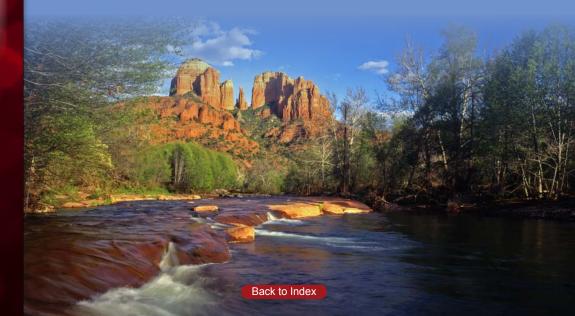
- 1. Start each day with an affirmation out loud so that your own ears hear it, and so it goes right into your cellular structure. Here is a suggested one: "I am a piece of creation. I have created my current reality, and will create all of what I experience in the future. Therefore all that is before is my doing. Today I choose to raise my awareness. Today I choose to slow down the aging clock in my cells, and create divinity in my daily workings. Today I instruct my cellular structure to vibrate to my intent and directions. I create a peaceful balance in all things, everywhere I walk."
- 2. Never beat yourself up! Everything you say is "heard" by your cells! Even at your lowest ebb, don't do it. Instead, say: "I thank Spirit for giving me the ability to know that all this is temporary. I am peaceful in my power." Then wait for the pendulum of depression or sickness to correct itself. It will.
- 3. Even if you doubt that you are making a difference, do it! Your duality is built to be biased in these things. Let the results support you. Your intellect will kick into high gear when it sees things changing in your life. Just like exercise... when you start to see the results, you won't doubt it any more!

## Join Lee Carroll, Geoffrey Hoppe, Pepper Lewis and the entire Kryon conference team in Sedona, Arizona, June 10-12, 2011.

Come early for a trip to the Grand Canyon with Kryon and Gaia.

Stay longer for a fabulous follow-up workshop offered by Geoffrey Hoppe and Adamus Saint-Germain.

**Register soon** for the annual Summer Light Conference!





## LEE HARRIS

# RELEASES NEW SINGLE!

Lee Harris is well known to Shaumbra as a channeler for Zachary and Zepharia. But there is much more to this beautiful human angel than you might expect.

He is also an accomplished musician, and has recorded a number of original songs and videos. His newest creation is a haunting cover of Sarah McLachlan's *Angel*, a favorite around the world. This track is available on both Amazon and iTunes.

Click to hear <u>Angel</u> and visit Lee's YouTube page.

Lee is a featured presenter at the Midsummer Conference in Santa Fe and will also be sharing his music with the audience.

# MIDSUMMER New Energy Conference

Santa Fe, USA September 9-11, 2011

Preparations are well underway for the 2011 Midsummer New Energy Conference in beautiful Santa Fe, New Mexico. There's nothing quite like a Shaumbra Celebration, and this promises to be one of the best.

Enjoy channelings from Adamus Saint-Germain and Kuthumi lal Singh through Geoffrey Hoppe, Zachary/Zapharia through Lee Harris, and inspiring messages throughout the weekend from the various presenters, including:

- Geoffrey & Linda Hoppe
- Norma Delaney
- Garret Annofsky
- Lee Harris
- Wulfing von Rohr

- Jim Self
- Joe Rumbolo
- Dee Wallace
- Sandra Ingerman

May 2011

Jean Adrienne

And then there's the entertainment! Conference attendees will enjoy some of the most inspired and inspiring music ever. Friday night will feature the popular Jimmy Stadler Band, a rockin' group that lit up the night at both the Quantum Leap celebration in Taos (2007), and the Farewell to Tobias event in Breckenridge (2009).

And the beloved group Yoham, featured throughout the conference, will rock the house on Saturday night. If you've ever heard a live performance with Gerhard Fankhauser, Einat Gilboa and Amir Yakobi, you already know the magic they weave from start to finish. It will be a night to remember!

Come join us for 2½ days of inspiration, enlightenment, and energy-moving entertainment. Reconnect with old friends, discover new ones, and have the time of your life!

Register soon, seats are limited. Click here for more information on the Midsummer New Energy Conference in Santa Fe.

The conference will be held at the Santa Fe Hilton on the historic Plaza in gorgeous downtown Santa Fe. This beautiful hotel is within easy walking distance of many restaurants, shops, art galleries, entertainment and more.



## Special Feature!

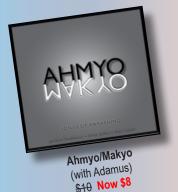
# Previously Into Consciousness Previously the music of Yoham Narration by Geoffrey Hoppe Opening Into Consciousness (with Geoffrey Hoppe)

\$15/20 Now \$12/16

# YOHAM

# Seven Seals YOHAM & TOBIAS Seven Seals (with Tobias) \$15/20 Now \$12/16

# New Energy Music



For anyone who has heard the inspired music of Yoham, you already know the joy and passion for life that is carried in every note. The musical genius of Gerhard Fankhauser, Einat Gilboa and Amir Yakobi combine together beautifully to create unforgettable musical experiences – over and over again.

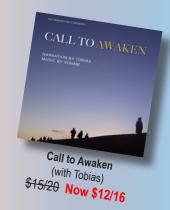
This month we are featuring the complete range of the musical creations of Yoham, from heart-touching collaborations with Tobias to heart-pounding celebrations with Shaumbra – and everything in between.

All recordings are available in digital download format for immediate enjoyment without no shipping charges. And most recordings are also available in physical CD format for keepsakes and gift giving.

Take this great opportunity to add to your collection of inspiring New Energy music. And get your heart, body, soul and energy moving!!

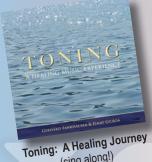
Click each image for more info, to hear samples, or to order.

Note: Special prices expire June 15, 2011



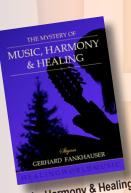


I Am That I Am (inspired by Adamus) \$15/20 Now \$12/16



Toning: A Healing Journey (sing along!) \$15/20 Now \$12/16





Music, Harmony & Healing (includes e-book) \$28 Now \$24



Manly, Australia (Sydney area)
July 22 – 24, 2011

Presented by Geoffrey and Linda Hoppe with live channels from Adamus Saint-Germain

Join us for Adamus Saint-Germain's Mystery School in beautiful Manly, Australia (near Sydney). The ancient Mystery Schools have been brought into the New Energy era by Adamus Saint-Germain, ascended master and founder of many mystic groups from the 11th through 18th centuries.

In this three day gathering Adamus will personally teach tools for self-healing, integrating the divine energies into the human condition, allowing deep changes within the DNA, alchemy and energy transmutation. He will discuss the illusion of light and dark, and how to turn chaos into beneficial energy.

Previous Mystery Schools with Adamus have been held in Germany, Romania, Canada, United States, Ecuador and Austria. Over 85% of the attendees have rated this Mystery School as Very Good/Life Changing. Limited to 100 students.

**Click here for details** 



# Shaumbra Heartbeat

By Jean Tinder, Shaumbra Monthly editor

## What's in a Story?

For years, Adamus has been encouraging us to act, role-play and imagine, in order to get out of our limited routines and creations. Lately he's been saying it in another way, inviting us to look at our past – and therefore our future – from a broader perspective and see all the other potentials that are there. I call this *rewriting our stories*.

Humans communicate through stories. We use them to define our lives, but I believe they were actually meant to *create* our lives. We think our stories are only reporting on the past, but the truth is that we're actually creating our future with them.

Note this text from the biblical book of John: "In the beginning was the Word, and the Word was with God, and the Word was God. He was with God in the beginning. Through him all things were made; without him nothing was made that has been made." This is really just a fancy way of explaining creation. A story is made of words, the Word is how God creates, and I am God. Therefore, the stories I tell are what create my reality – every bit of it!

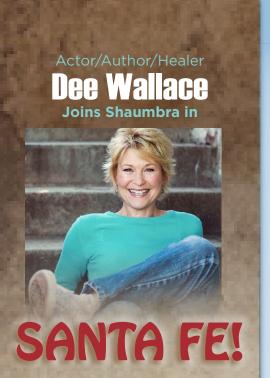
So my question is, can we be so bold as to actually *re*-create our reality by telling a new story about it? You see, when something happens in our lives, we immediately start telling its story. And, human nature being what it is, if we don't like the event, we tend to tell the story more often and with more passion, conveniently forgetting that it was a direct result of some story we'd *already* been telling – not the other way around! So every time we tell it, especially with interest and passion, it starts the next manifestation of our reality.

Don't believe me? Take a look at any pattern in your life. How much attention have you given it over the years? How often have you pondered it, complained about it, rejoiced over it, etc? The more you tell its story, the more it will express in your life – good or bad.

Or how about this: Make up a brand new story about something you would like. Keep it simple for now, something where you don't have judgments or high expectations. Let's say you love warm bread, fresh out of the oven. Talk about it, think about it, imagine it, smell it, remember times when you've had it – and pretty soon you *will* create it in your life, because it's a potential you are manifesting by telling the story, by using your creative Word. Why not try it with something a little "bigger?"

So what happens of you experienced a negative event in your past, but now you decide to tell a completely different story about it? Well, the first thing that tends to go away is the drama. But most of us still *like* our drama. Otherwise, why would we keep telling stories such as "Look what they did! Can you believe how stupid they are?" etc. But if we consciously choose to *recreate reality* by telling it differently, well, it changes everything.

Continued on the next page



She's an internationally recognized actor, spiritual author, and empowerment teacher. She's one of the favorite hosts on the <u>Awakening Zone</u> radio network. And she just happens to be a fan of Tobias and Adamus Saint-Germain. Dee Wallace will also be one of the featured speakers at the annual Shaumbra Conference in Santa Fe, New Mexico, September 9-11, 2011.

Join Dee Wallace and a stellar cast of presenters and channelers for the 2011 Midsummer New Energy Conference.



Click here for more information

#### Shaumbra Heartbeat - continued from previous page

For instance, there is a woman I know who was raised in unbelievable poverty and isolation. Her family was fundamentalist Christian, steeped in extreme religious dogma, and almost constant control and punishment. She was taught that her body was ugly, that anything that felt good was bad, that God was ashamed of her, and that nearly everyone out in the world would lead her down the wide road to hell. She grew up feeling worthless and guilty, and learned early to give up her own needs and desires "for the good of others." As an adult she spent years in therapy, and still carries the scars of her abusive upbringing.

On the other hand, another friend of mine, who also grew up in a Christian family, lived out a completely different story. She was raised in a home deep in the forest because her mother loved nature and wanted to share it with her children. Her father was a preacher and spiritual seeker at heart, and included the family in his search for a deeper understanding of God. The children knew they were loved, and even though money was scarce there was always healthy food to eat, a rich intellectual environment, and plenty of time together as a family. As this woman grew, she continued her spiritual journey and came to appreciate the deep foundations that had been laid during her childhood.

Now which of these two people do you suppose is living a more balanced and joy-filled life? Well, it all depends on the stories they tell, because they are both *me*. Each story represents certain facts about my childhood, but it's completely up to me which version I tell, and therefore what current experience I create for myself. In fact, my current reality actually has nothing to do with my past, only my *story* of the past.

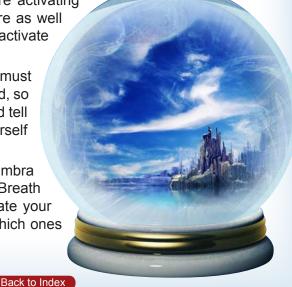
So rather than rehashing old stories that no longer serve us, why not create some *new* ones? Is it denying reality, or is it finally *choosing* our reality? Why not tell a story about how *easy* it is to love and trust yourself; how your abundance is always there exactly when you need it; how every single experience was a beautiful gift; how every choice has brought you to this perfect moment; how people always treat you with respect; how things just always work out somehow... you get the idea. In my life, when I stick to the stories I like and *forget about the rest*, they really do manifest!!

I invite you to take a look at the stories you tell every day, at the

ways you define yourself and your life. Every time you tell a story, you are activating potentials, both of your future as well as your past. So why not activate the ones you really want?

Remember, the Breath must always come before the Word, so take a good deep breath, and tell some *new* stories about yourself and about the world.

Guided by your Shaumbra Heart and powered by the Breath of God, your stories *do* create your world. So pay attention to which ones you choose to tell. ©



May 2011 SHAUMBRA MONTHLY

# AWAKENING ZONE UPCOMING EPISODES



www.awakeningzone.com The International Radio Network for Empowered Awakening

If you would like to receive the weekly Show Schedule via email, just *click here to sign up*. It's easy! And be sure to browse through the *Archives* for plenty of amazing and entertaining shows on many different topics.

#### **Astrodoc**

With hosts Dr. Douglas Davies & Linda Benyo

Listener Call-ins welcome! Wednesday, June 1

#### **Breath of Life**

With hosts Norma Delaney and Garret Annofsky

Breathing, Compassion, Integration & Mastery Wednesday, May 18 Sunday, June 5 Wednesday, June 15

#### **Bright Light**

With host Dee Wallace

Listener Call-ins welcome! Monday, May 23 Monday, May 30

#### **The Clear Vibration**

With host Joe Rumbolo

Guest -Adrianna Larkin, singer/songwriter, recording artist, radio show host and author Thursday, May 19

Guest - Kathleen Loughery, inspirational speaker and the voice of Guidance Energy® Thursday, May 26

#### The D-Spot

With host Kelly Sullivan Walden

Kelly Sullivan, author, Dream Doctor Monday, May 16

#### **Cosmic Particles**

With host Dr. Meg Blackburn Losey

Guest - Gary Quinn, author inspirational "Life Coach" Monday, May 18

Guest - Gemma Deller, psychic and medium Wednesday, June 1

Guest - Michael Gluckman, author "Making Your Wisdom Come Alive," Wednesday, June 8

Guest - Roy Hollman, certified Yoga, Meditation, and Healing Instructor, Wednesday, June 15

Guest - P.M.H. Atwater, author Wednesday, June 29

#### The Crimson Circle Show

With hosts Geoffrey & Linda Hoppe

Monthly Shoud with Adamus Saint-Germain Saturday, June 4

#### Der Neue Weg (The New Way) - Deutsch

With host Joachim Wolffram Sonntag, May 22

Sonntag, June 26

#### Frissítö (Refreshment) - Magyar

With hosts Alfred Halasz & Timea Thomazy

Tuesday, May 24

SHAUMBRA MONTHLY May 20II

#### **Innerspeak Soul Adventures**

With host Jean Adrienne

Guest – John Serrie, electronic musician Tuesday, May 24

#### Kahu Fred Sterling's Show

With host Kahu Fred Sterling

The Great Shift Thursday, May 19

Sunday Healing Services Sunday, May 22

The Great Shift Thursday, May 26

Sunday Healing Services Sunday, May 29

The Great Shift Thursday, June 2

Sunday Healing Services Sunday, June 5

#### **NEW Potentials**

With host David McMaster

Guest – Veronica Torres, Channel for Eloheim Wednesday, June 8

#### **Dopo Pinocchio (After Pinocchio)**

With hosts Graziella Pesce & Andrea Pasquettin

Guest – Pietro Abbondanza Tuesday, May 31

#### Romanian Awakenings - Româna

With host Silvia Marin

Discovering who we really are, listener call-in Guest – Lucieta Gavril Saturday, May 28

#### **Solutions for A Small Planet**

With host Pepper Lewis Message from Gaia

#### **Sandie Sedgbeer: Conversation at the Cutting Edge**

With host Sandie Sedgbeer

Guest – Steve Rother Thursday, May 19

Guest – Soleira Green Thursday, May 26

Guest – Christine Day Thursday, June 2

#### Wulfing's Spirit Radioshow - Deutsch

With host Wulfing von Rohr Wednesdy, May 18

Guest - Jeanne Ruland Wednesday, June 1

#### **Kendini Seç (Choose Yourself)**

With host Deniz Sertbarut Wednesday, May 25

#### **Pure Presence - Aligning to Self**

With host Suzy Miller

Listener call-ins welcome! Friday, May 20 Friday, June 3 Friday, June 17 Friday, July 1



# Shaumbra Creations

**CREATOR** — Cindy Hunsinger

**CREATION - Play Your Way to Your Best Life, Book & Original Music CD** 

Feeling completely lost and whining to Adamus about my state, I received a flip and sincere answer to stop taking myself so seriously, to enjoy life, and to be in love with me. He prodded to take action on two lifelong dreams—writing a book and creating a CD of original music. What? Both?! "Yes, and create them at the same time," he said matter-of-factly. But I'm not a professional singer! "Get over it. You create new energy music, now share it. When you fearlessly commit, you'll find your voice and own it."



Okay. What in the world am I going to write about? "Your life from there to here, how you've awakened, and how you live authentically empowered." But, what parts of my life? "The ones that you absolutely don't want to tell—tell those. You're not going to process the past, you're going to review it with benefits, seeing the humor in the hardships and realizing powerful potentials that were activated for you (although you didn't see them then). Freedom comes when you unlock the door to the 'concealed wreckage' from your past. When you go in and feel rather than judge, you discover it was all just experiences, and it doesn't matter!"

"Create something completely new...combine the music and stories somehow. You'll figure it out. Remember you're not trying to be an expert. Just be real as you reveal yourself. Readers will get exactly what is appropriate for them."

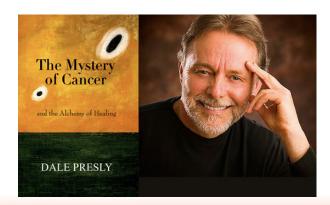
And so, *Play Your Way to Your Best Life* was created, each chapter sharing the same title with its musical counterpart. Together they awaken true heart energies (potentials) that supersede mental perceptions of limitation. This documents one Shaumbra's intimate journey, shedding past crud and allowing a spunky, sensual best self to emerge from the magic of creativity.

Email address: info@playyourwaynow.com Website: http://www.shop.playyourwaynow.com To order: www.mestrearts.com

**CREATOR** - Dale Presly

**CREATION - The Mystery of Cancer** 

This is the dream. You enter a bookstore in search of a book with an unusual title: The Mystery of Cancer. Walking through the aisles, you stare at the countless books, wondering if you have the title right. The shelves are like a maze, the volume of books seems endless. Just as you are about to give up, you suddenly see it. Reaching up, you pull the book off the shelf, turning it over to examine the cover. It looks familiar. Beneath the title is the name of the author. It is your name. You awaken.



SHAUMBRA MONTHLY May 20II

We are searching in the wrong places for a cure to cancer. There is no cure 'out there'; it lies 'in here'—within our consciousness. We are lost in a battlefield, deluded by the belief that cancer is something to kill. Cancer is a not a war; it is a communications problem. The dream is as real as the book you hold and a reminder that life is about making choices. Most importantly, The Mystery of Cancer will encourage you to enter the mystery and create the health you desire.

The book is subtitled 'The Alchemy of Healing'. Alchemy is the transformation and movement of energy. Most of us do not truly understand energy and how closely it works with consciousness. The connection between New Energy and consciousness has become a very intimate one. For those with diseases such as cancer, a deeper understanding of the new energy offers more potentials for healing.

**Email address:** <a href="mailto:dpresly@gmail.com">dpresly@gmail.com</a> **Order website:** <a href="mailto:Click here">Click here</a> **For more info:** <a href="http://themysteryofcancer.blogspot.com">http://themysteryofcancer.blogspot.com</a>

**CREATION** – Erno van Doesselaar **CREATION** – **Breathing in Israel (CD)** 

thing in

Conscious breathing with our essence is one of the most empowering, simple and effective tools that we naturally carry within ourselves. Before and after the Shouds Norma Delaney facilitates this breath, and for over 10 years Adamus, Tobias and Kuthumi have been talking about the importance of breathing, each time inviting us to take this deep breath with them.

This unique CD combines conscious breathing with new energy music in two extended breathing sessions.

The first session, called "Embodying Your Breath," is an invitation to sink deeper into our body to be able to breathe and receive our "solid breath." Then we can allow this breath to expand through our entire body and cells. This session is lead by Erno van Doesselaar (in English) and accompanied by Yanna Volfinzon on piano.

The second session, called "Dancing Home," is a deep invitation for more of our Spirit to come dancing home within us. It is a unique breathing session lead by Yanna Volfinzon in the beginning (5 minutes partially in Hebrew), followed by Erno van Doesselaar (in English) with intuitive play on the piano by Yanna Volfinzon.

Erno van Doesselaar and Yanna Volfinzon have been certified Crimson Circle Teachers and certified New Breath Teachers for more than four years.

Email address: erno@becoming-your-breath.com Website: http://becoming-your-breath.com

Order website: <a href="http://becoming-your-breath.com/cd-bis">http://becoming-your-breath.com/cd-bis</a>

## TEACHER TRAINING

OFFERED

FOR MAY / OCTOBER 2011 • REGISTER IN SHAUMBRA SHOPPE



#### TEACHER TRAININGS offered by our Mentor Teachers in various languages around the world

Note: To become a certified Crimson Circle teacher, applicant must have completed desired class as well as Sexual Energies School

#### DREAMWALKER™ BIRTH TRANSITIONS

**TEACHER TRAINING** 

Salt Lake City, Utah, USA, August 12-14, 2011 Kathleen Haws

Salt Lake City, Utah, USA, October 7-9, 2011 Kathleen Haws

#### **DREAMWALKER™ ASCENSION TRANSITIONS TEACHER TRAINING**

Ft. Collins, Colorado, USA, August 2-5, 2011 David McMaster & Patti Severance

#### DREAMWALKER™ DEATH TRANSITIONS

TEACHER TRAINING

Bucharest, Romania, May 19-22, 2011 Silvia Marin & Lucieta Gavril (Romanian)

Berlin, Germany, June 7-10, 2011 Sandra Heuschmann & Wolfgang Reidl (German)

Bucharest, Romania, Sept 29 - Oct 2, 2011 Silvia Marin and Lucieta Gavril

#### SEXUAL ENERGIES SCHOOL

TEACHER TRAINING

Ft. Collins, Colorado, USA, May 31-June 3, 2011 David McMaster & Patti Severance

Morges, Switzerland, June 2-5, 2011 Brise Baulitz & Gerd Heesen (French)

Berlin, Germany, July 22-25, 2011 Sandra Heuschmann & Wolfgang Riedl (English)

Bucharest, Romania, September 1-4, 2011 Silvia Marin and Lucieta Gavril

# CLASS LISTINGS

FOR MAY / JULY 2011 • REGISTER IN SHAUMBRA SHOPPE



CERTIFIED TEACHERS

#### ASPECTOLOGY™

Zurich, Switzerland, May 20-22, 2011 Rosmarie Lotmar

Ikast, Denmark, May 20-22, 2011 Anne Søvang

Kelowna, B.C., Canada, May 24-26, 2011 Tammie O'Rielly & Faye Stroo

Fremantle, WA, Australia, May 21-23, 2011 Yvonne Brown

Tomar, Portugal, May 27-29, 2011 Tania Castilho & Placidia Maria Sousa

Ft. Collins, Colorado USA, May 27-29, 2011 Patti Severance & Joshua Cove

Bruchsal, Baden-Wuerttemberg, Germany, June 2-4, 2011, Viola Koehler

July 1-3, 2011, Heidelberg, Germany Maria Rebhahn

Bucharest, Romania, July 15-17, 2011 Carmen Mihaela Rivalet

Munich, Bavaria, Germany, July 15-17, 2011 Ulrike Hellgardt-Lent

Krummhörn, Germany, July 29-31, 2011 Petra Pitak and Meggi Erman

Bad Honnef, Germany, July 29-31, 2011 Brise Baulitz and Gerd Heesen

#### DREAMWALKER™ BIRTH **TRANSITIONS**

Salt Lake City, Utah USA, May 20-22, 2011 Kathleen Haws

Szczecin area, Poland, May 20-22, 2011 Iwona Wirkus

Munich, Germany, May 27-29, 2011 Angelika Ruppert

Salvador, Bahia, Brazil June 3-5, 2011 Aline Bitencourt

Bucharest, Romania, July 8-10, 2011 Georgeta Blanaru and Costinel Floricel

Calgary, Canada, July 15-17, 2011 Paul Cook

South of Finland, Finland, July 15-17, 2011 Irene Berger

#### **DREAMWALKER™** DEATH TRANSITIONS

Lahr/Schwarzwald, Germany, June 10-12, 2011 Angelika Ruppert

Denver, Colorado USA, June 10-12, 2011 Paul Cook

Vancouver, B.C., Canada, June 11-13, 2011 Maureen Supeene

Bodo, Norway, June 17-19, 2011 Evy Finjord Heggelund

Heidelberg, Germany, June 17-19, 2011 Gisele Reis para Maria Rebhahn

Gdansk, Poland, June 24-26, 2011 Lucieta Gavril

Zurich, Switzerland, June 24-26, 2011 Rosmarie Lotmar

Adelaide, Australia, June 25-27, 2011 Margaret Wild

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# CLASS LISTINGS

CRIMSON CIRCLE

CERTIFIED TEACHERS

FOR MAY/JULY 2011 • REGISTER IN SHAUMBRA SHOPPE

#### NEW ENERGY SYNCHROTIZE™

Neptun, Judet Constanta, Romania, June 1-4, 2011, Mirela Elena Ghenea

Walchwil/Zugersee, Kt. Zu, Switzerland June 10-13, 2011, Rosmarie Lotmar

Tenerife South, Spain, June 23-26, 2011 Tania Castilho & Olga Sofia Diaz Gonzalez

Bucharest, Romania, June 23-26, 2011 Costinel Floricel and Georgeta Blanaru

#### DREAMWALKER™ ASCENSION TRANSITIONS

Salvador da Bahia, Brazil, May 20-22, 2011 Maria Rebhahn

Traun, near Linz, Austria, May 20-22, 2011 Thomas Nelamischkies

Bucharest, Romania, May 27-29, 2011 Georgeta Blanaru & Costinel Floricel

Kelowna, BC, Canada, June 10-12, 2011 Faye Stroo

Krummhörn, Germany, June 10-12, 2011 Meggi Erman

St Romain le Preux, France, June 17-19, 2011 Herbert Eichenberger

Munich, Germany, June 17-19, 2011 Silke Steininger

Quito, Ecuador, June 24-26, 2011 Raiza Preziuso & Maria Luisa Gaxiola

Salt Lake City, Utah USA, July 8-10, 2011 Kathleen Haws

#### SEXUAL ENERGIES SCHOOL

Even Yehuda, Israel, May 19-21, 2011 Yanna Volfinzon and Erno van Doesselaar

Temecula, California USA, May 20-22, 2011 Elizabeth Rodriguez & Laurie Hefner

Lisboa, Portugal, May 20-22, 2011 Placidia Maria Sousa & Tania Castilho

Bruchsal, Germany, May 20-22, 2011 Viola Koehler & Maria Kempe

Beckenried / NW, Switzerland, May 20-22, 2011 Sonja Müller & Rosmarie Nagila Cape Town, South Africa, May 20-22, 2011 David McMaster & Sandra Bennett

Krummhörn near, Germany, May 20-22, 2011, Petra Pitak & Meggi Erman

Rush Valley, Utah USA, May 20-22, 2011 Colleen Sory & Yvonne Jarvie

Zug, Switzerland, May 27-29, 2011 Jens Friedrich Mertens & Jutta Bosch

Athens, Greece, May 27-29, 2011 Maria Grigoraki & Konstantinos Ikonomou

Muencheberg, Germany, May 27-29, 2011 Simone Bela & Franziska Eulberg

Seattle, Washington USA, May 28-30, 2011 Ann Say & Tammie O'Rielly

Philadelphia, Pennsylvania USA, May 28-30, 2011 Ann Plantier & Clemens Federowicz

Ft. Collins, Colorado USA, May 31-June 3, 2011 David McMaster & Patti Severance

Munich, Bavaria, Germany, June 2-4, 2011 Ulrike Maria Hellgardt-Lent & Dagmar Wollenweber

Bern, Switzerland, June 2-4, 2011 Ursula Keller & Kai Roger Geck

Kiryat Ono, Israel, June 2-4, 2011 Gilit Rom & Rosmarie Nagila

Bucharest, Romania, June 10-12, 2011 Costinel Floricel & Georgeta Blanaru

Gdansk, Poland, June 17-19, 2011 Lucieta Gavril & Andrei Tarta-Arsene

Bucharest, Romania, June 17-19, 2011 Carmen Mihaela Rivalet & Mirela Elena Ghenea

Krummhörn, Germany, June 17-19, 2011 Petra Pitak and Meggi Erman

Penticton, B.C., Canada, June 17-19, 2011 Donalda Vincent and Tammie O'Rielly

Stockholm, Sweden, June 18-20, 2011 Gerd Ghelia Frivold & Elisabeth Gullberg Kaidi

Bruchsal, Germany, June 23-25, 2011 Viola Koehler & Maria Rebhahn

Lelystad, Netherlands, June 24-26, 2011 Marjolein Neefjes & Sinka 't Hooft

Ft. Collins, Colorado USA, June 24-26, 2011 David McMaster & Patti Severance Campinas, SP, Brazil, June 24-26, 2011 Silvia Tognato Magini & Luiz Antonio Viotto

Aarhus, Denmark, June 24-26, 2011 Anne Maribo Andersen & Finn Andersen

Sirmione (BS), Italy, June 24-26, 2011 Gioia Villa and Maija Leisso

Zurich, Switzerland, July 1-3, 2011 Rosmarie Lotmar & Jutta Bosch

Quito, Ecuador, July 1-3, 2011 Raiza Preziuso & Maria Luisa Gaxiola

Copenhagen, Denmark, July 2-4, 2011 Bettina Maria Weigel Andersen and Anne Søvang

New York City, New York, July 7-9, 2011 Joshua Cove and Patti Severance

Toulouse, France, July 8-10, 2011 Maija Leisso & Kata Szenasi

Kelowna, B.C., Canada, July 8-10, 2011 Faye Stroo & Kristi Maguire

Bern Liebefeld, Switzerland, July 15-17, 2011 Heidi Stäheli & Rosmarie Lotmar

Toronto, Ontario, Canada, July 15-17, 2011 Cheryl Rougeux & Jay Ray

Neuenstadt (near Heilbronn), Germany July 15-17, 2011 Jessie Jandt and Viola Koehler

Sydney NSW, Australia, July 15-17, 2011 Athena Neave & Leigh Bisset

Bruchsal, Germany, July 22-24, 2011 Viola Koehler & Karin Hoyer

Munich, Germany, July 22-24, 2011 Ursula Keller & Kai Roger Geck

Krummhörn, July 22-24, 2011 Petra Pitak and Meggi Erman

Copons, Barcelona, Spain, July 22-24, 2011 Tania Castilho and Angel Estois

Turku, Finland, July 29-31, 2011 Irma Rantala & Reetta Lappalainen

Denver, Colorado USA, July 29-31, 2011 Lucrecia Castillo & David McMaster

Munich, Germany, July 29-31, 2011 Silke Steininger & Martina Kaiser SHAUMBRA MONTHLY May 2011



## International Translations

currently available in Shaumbra Shoppe

TITLE	DA	DE	ES	FL	FR	GR	HU	ID	IΤ	JP	NL	NO	PL	PT	RO	RU	SL	SR	SV	TR
10-10-10 Adamus in Berlin	DA	X			110	Oix		1.0	<del>                                     </del>	0.		X			X	1.0	02	O.C		
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Adamus on Japan														Х						
Addictions		Х	Х			Х	Х					Х	Х	Х	Х					
The Alchemy of Light & Dark		Х										Х			Х	Х				
Ancestral Karma		Х	Х						Х			Х			Х		Х			
Aspectology		Х	Х						Х			Х	Х	Х	Х					
Atlantis & the Wound of Isis									Х			Х			Х					Х
The Beauty of Life		Х							Х			Х			Х					
Biological Rejuvenation		Х	Х		Х	Х		Х	Х			Х		Х	Х			İ		
Body of Consciousness		Х	Х						Х			Х			Х					
Chaos		Х			Х				Х			Х			Х					Х
Conspiracies		Х	Х						X			Х			Х					
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Depression		Х	Х		Х				Х			Х	Х		Х	Х				
Discovering Your Passion		Х	Х																	
Dreams		Х	Х					Х	Х			Х	Х	Х	Х					
DreamWalker Birth															Х					
Energy In Motion		Х							Х			Х		Х	Х	Х				X
The Energy of Food		Х	Х			Х	Х		Х			Х			Х					
The Energy of Music		Х	Х									Х			Х					
The Evolution of Gaia		X										X			X	Ì	Ì			
Expanding Your Intuition		X					Х		Х						X					
Fields of Potentials		X							Х			Х			X					
The High Definition Life		X							Ė			X			X					
Interdimensional Living		X	X												X					
Journey of the Angels			X				X		Х						X	X				
Kuthumi & Adamus in Rome		Х							X			Х			X					
Mental Imbalance		X	Х		X			Х	X			X			X					
Midsummer Conference 2010 - Munich		X			<u> </u>			<u> </u>				X			X					
Mormons & Other Spiritual Families		X										X			X					
Moving Stuck Energy		X							Х			X			<u> </u>					
New Consciousness	+	<u> </u>							<u> </u>			<u> </u>			X					
The New Earth		Х							Х			X			X					
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Out of the Box	+								^			-			X					
Pets	-	X	X		X						X	X	Х	Х	X					
The Quantum Leap	+	X	X		^						^	X	^		X		X			
Relationships	+	X	X	Х	X	Х	X		Х			X		Х	X	X	<u>  ^</u>		X	X
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Time, Space & Measurement Systems		X									X	X			X					
Time Travels									Х			X			X					
Tobias Returns to Israel												, .			X					
To the Messengers												X			X					
What Lies Ahead	1	Х					Х		X			Х		Х	X	Х				
What on Earth									X						X	, .				
Chemia –FREE		X							X						X	X				X
Drama - FREE		Х	Х		X	Х	X		Х			Х	Х	Х	Х	X				X
Do You Remember? –FREE		Х	Х						X					Х	X					
Letter to Awakening Humans - FREE	X	Х	Х		X						X				X		X	Х	Х	X
Silent Prayer –FREE		Х	Х			Х									X					
The Darkness is Your Divinity - FREE			Х																	
To the Messengers - FREE												Х			X					
Twelve Awakening Signs - FREE			Х								X							X	X	
Tobias & Kryon in Madrid - FREE														Х	X					



